

Iowa Abortion Law Information



Iowa Abortion Laws

Abortions are illegal after fetal heartbeat is detected. The abortion provider must perform an ultrasound, and a 24-hour waiting period is required after the ultrasound before obtaining an abortion. Parental notification must occur before a minor can obtain an abortion.

Safe Haven ♥

Infants up to 90 days old can be left at a hospital, law enforcement facility, licensed adoption agency, or 911 responder anonymously without fear of prosecution for abandonment.

Abortion Exceptions

Iowa abortion law provides exceptions for rape, incest, fetal abnormality incompatible with life, and/or to protect the life of the mother.

Miscarriage & Ectopic Pregnancy

Miscarriage, or “spontaneous abortion,” is when the embryo or fetus dies naturally before giving birth. Treatment provided in cases of miscarriage is not an abortion and is legal.

Ectopic pregnancy is when a fertilized egg grows outside the uterus. To save a mother’s life so that both lives are not lost, this requires removing an embryo. This life-saving treatment is legal.

Abortion Alternatives

- ♥ Safe Haven - 100% Anonymous
- ♥ Adoption - Choose Family & Openness Level
- ♥ Parenting - Support & Resources

Risks of Abortion Pills

- ✔ Incomplete abortion followed by the need for a surgical abortion
- ✔ Failure to end the pregnancy
- ✔ Heavy and prolonged bleeding
- ✔ Heavy cramping
- ✔ Fever, chills and/or infection
- ✔ Nausea, diarrhea, dizziness, and/or tiredness
- ✔ Allergic reaction to the medications

For immediate help to attempt to reverse the abortion pill, call 877-558-0333.

Mailing abortion pills to an Iowa zip code is illegal. Drugs purchased online are less secure and less safe than those received from an in-person doctor or pharmacist.

Taking abortion pills after 10-weeks gestation puts a woman at risk for incomplete abortion and other medical complications.

In the case of ectopic pregnancy or other complications, the abortion pill is not a treatment and may delay life-saving care.

With every abortion, a woman's risk of mental health disorders increases.



Need help deciding between parenting or adoption (not foster care)?

**Text "love" to 844-764-2029
or Call 515-571-9964**